



Barton R Branam, M.D.

**University of Cincinnati Department of Orthopaedics and Sports Medicine
Dr. Branam's Post Operative Discharge Instructions
Total Knee Replacement**

*This is a standard copy of our discharge instructions. Discharge instructions may vary per patient depending on what procedures were performed. Please refer to your specific discharge instruction sheet.

Procedures: Total Knee Replacement

Weight Bearing Status: as tolerated

Discharge Medications:

Percocet 5/325 mg 1-2 tabs every 4-6 hours as needed for pain.

Oxycontin 10 mg 1 tab every 12 hours as needed for severe pain.

Aspirin 325 mg twice daily for 2 week post op (unless directed differently you're your surgeon).

May Remove Dressing On: Keep dressing clean and dry

- Keep dressing clean and dry. Change dressing with dry sterile gauze and tegaderm using sterile technique.

May Shower On: Keep dressing clean and dry

- PT/OT

- Ice to operative knee 20 minutes every hour.

- Call for fever, worsening pain, or an increase in swelling

- DO NOT TAKE A BATH OR SOAK YOUR WOUND.

Call the office with any questions or concerns!

Office Phone number: (513)475-8690

Please Make Follow-Up Appointment for 2 weeks post op.